



Wyoming Counseling Association Annual  
Conference

*“Thinking Our Way Through  
Change”*

October 11-13, 2012

Best Western Ramkota, Casper, WY

*“Fundamentals of Cognitive Behavior Therapy for  
Depression in Adolescents”*



**Torrey Creed, Ph.D.**, is a licensed clinical psychologist specializing in cognitive behavior therapy (CBT) with children, adolescents and their families. In addition to her faculty role at the Beck Institute in Philadelphia, PA, she is an Associate Professor at the University of Pennsylvania’s Aaron T. Beck Psychopathology Research Center. As the director of The Beck Initiative, a

collaboration between the University of Pennsylvania and the City of Philadelphia, she leads a program to train community mental health clinicians to deliver CBT across a wide range of populations including children and adolescents, and adults with severe mental illness and psychosis, histories of incarceration, homelessness, and other pressing public health concerns. Her recently co-authored book, *Cognitive Therapy for Adolescents in School Settings*, is being used as a guide for mental health services in the Philadelphia public schools. Dr. Creed’s primary research interests include the development of effective family-based CBT interventions for the cross-generational transmission of depression, suicide, and dissemination of evidence based practices to community mental health settings.